

MacRitchie Runners 25 Progressive Series 10km Run (Race #1)

Sponsored by Perth City to Surf Marathon

Overall Run Result (includes all run participants)

Position	#	Name	Time	Cat
1	39	Foo Gen Lin	37:33	Men Open
2	44	James Copinger-Symes	40:21	Men Open
3	55	Nuno Delicado	40:38	Men Open
4	92	Tony Seakins	40:47	Men Vet
5	111	Tan Yew Meng	41:14	Mens Open
6	53	Ned Phillips	41:38	Men Open
7	114	Rukhaizat Bin Rapsan	42:04	Mens Open
8	36	Elliot Eu	42:24	Men Open
9	84	Neil G Anderson	42:36	Men Vet
10	144	Ngo Chun Yong Andrew	43:00	Mens Open
11	60	Richard Thevenon	43:16	Men Open
12	10	Renuka Satianathan	43:19	Ladies Open
13	71	Andreas Mindt	43:29	Men Open
14	361	Daniel Chia	43:42	0
15	146	Steven Lim	43:47	Mens Open
16	51	Meisei Takemoto	43:50	Men Open
17	67	Tan Tze Chien	44:19	Mens Open
18	353	Joern Lunde	45:15	0
19	80	Gil Madrid	45:58	Men Vet
20	86	Ralph Gomarsall	45:59	Men Vet
21	66	Stuart McIntosh	46:01	Mens Open
22	360	Elliot Kelly	46:02	0
23	141	Donald Ng Kok Ann	46:05	Mens Open
24	64	Shamshul Bin Eman	46:12	Men Open
25	97	Yuji Mihori	46:14	Men Vet
26	340	Steinar Joergensen	46:16	0
27	354	Ola Sverrineson	46:17	0
28	50	Low Han Keat	46:19	Men Open
29	88	Siegfried Stettmayer	46:23	Men Vet
30	63	Seow Zhi Ming	46:28	Men Open
31	358	Marcel Eckhardt	46:36	0
32	341	Michael Fisch	46:47	0
33	87	Robert Meek	46:54	Men Vet
34	11	Sumiko Tan	46:57	Ladies Open
35	62	Seow Nianjia	47:07	Men Open
36	26	Chen Way Cherng	47:12	Men Open
37	352	Damian Jones	47:16	0
38	317	Heidi Makinen	47:29	0
39	33	David Poirier	47:32	Men Open
40	90	Tan Ah Too	47:47	Men Vet
41	93	Toru Shinoda	47:54	Men Vet
42	132	Peter Low	47:55	Mens Open
43	65	Sim Wenyan	47:56	Men Open

44	43	Herald Rygh Hjorthen	48:03	Men Open
45	45	Jurgen Doerr	48:07	Men Open
46	58	Patrick Donaldson	48:10	Men Open
47	131	Daniel Lee	48:46	Mens Open
48	143	Ling Jiehan Kelvin	48:52	Mens Open
49	343	Mark Glew	48:55	0
50	8	Melissa Keong	49:00	Ladies Open
51	357	Yeak Shaw Huah	49:02	0
52	61	Rouel Bert Dionson	49:06	Men Open
53	113	Izhar bin Mohamed	49:11	Mens Open
54	350	Lim Lian Hock	49:22	0
55	32	David Abernethy	49:29	Men Open
56	347	Ashey Jones	49:37	0
57	16	Pauline Mulroy	49:40	Ladies Vet
58	15	Jet Jon Shepherd	49:42	Ladies Vet
59	17	Roda Ramos	49:53	Ladies Vet
60	136	Yann Bousemel	50:01	Mens Open
61	29	Christopher Darby	50:02	Men Open
62	48	Lau Chun Ning Charles	50:16	Men Open
63	27	Chor Wei Ping Daniel	50::17	Men Open
64	40	Gideon Ren	50:36	Men Open
65	115	Heng Guan Heng	50:44	Mens Open
66	75	Chng Beng Lai	51:04	Men Vet
67	38	Foo Fang Jie	51:09	Men Open
68	42	Haydn Flanagan	51:10	Men Open
69	59	Paul Daniels	51:21	Men Open
70	21	Ang Peng Thong	51:23	Men Open
71	112	Mohd Asry Bin Kasim	51:48	Mens Open
72	9	Paula Abernethy	52:13	Ladies Vet
73	47	Lance Sum Kok Fai	53:13	Men Open
74	351	Oh Kok Tiong	53:15	0
75	348	Tan Hock Leong	53:25	0
76	56	Ong Chung Hiung	53:26	Men Open
77	77	Craig McTurk	53:33	Men Vet
78	78	David Ong Cheng Soon	53:46	Men Vet
79	345	Andy Nurney	53:47	0
80	22	Ariffin Iskandar Sha B Ali A	53:50	Men Open
81	7	Lily McMyn	53:59	Ladies Open
82	20	Andrew Parker	54:23	Men Open
83	349	Neo Seng Gee	54:44	0
84	346	Matthew Crown	54:51	0
85	2	Caroline Meek	55:04	Ladies Open
86	116	Norhalim Bin Nordin	55:09	Mens Open
87	126	Muhd Jumadi B Aman	55:45	Mens Open
88	3	Claire House	55:49	Ladies Open
89	95	Wee Hui Kan	55:57	Men Vet
90	23	Brandy Llenos	56:19	Men Open
91	96	Wee Liang Boon	57:43	Men Vet
92	359	Angelina Then	57:51	0

93	133	Jude Aus	58:29	Mens Open
94	41	Greg Town	59:14	Men Open
95	34	Deneish Nallainathan	1:01:00	Men Open
96	123	Johan Aidil B Yusop	1:01:41	Mens Open
97	25	Chen Phan Yeeh	1:01:44	Men Open
98	69	Vinson Han	1:02:54	Mens Open
99	342	Yasmine Dorr	1:02:56	0
100	28	Chris Soper	1:03:03	Men Open
101	121	Abdul Halim B Jamail	1:04:26	Mens Open
102	122	Ridzwan B Idris	1:07:28	Mens Open
103	49	Lewis Tan	1:07:53	Men Open
104	24	Chang Kok Wai	1:09:07	Men Open
105	124	Kurniawan Raymon Massie	1:09:24	Mens Open
106	103	Lee Miin How	1:09:52	Mens Open
107	102	Ong Kian Tiong	1:09:53	Mens Open
108	57	Owen Powell	1:11:58	Men Open
109	70	Vishnuprasad Venugopal	1:12:22	Mens Open
110	101	Steven Tan	1:14:33	Mens Open
111	91	Tan Tick Hock	1:18:59	Men Vet
112	106	Liew Woon Hui Sharon	1:19:12	Mens Open
113	6	Fortuno, Hester Jean Sabang	1:33:45	Ladies Open
114	52	Milan Kirk Revour Balogo	1:36:01	Men Open
115	1	Archana Balakrishnan	1:37:55	Ladies Open
116	5	Divya Venkatraman	1:43:01	Ladies Open

Progressive Run Series Race #1 10km Result Mens Open (Only prog series participants)

Position	#	Name	Time	Cat	Team
1	39	Foo Gen Lin	37:33	Mens Open	
2	44	James Copinger-Symes	40:21	Mens Open	
3	55	Nuno Delicado	40:38	Mens Open	
4	111	Tan Yew Meng	41:14	Mens Open	Freedom Freaks 1
5	53	Ned Phillips	41:38	Mens Open	
6	114	Rukhaizat Bin Rapsan	42:04	Mens Open	Freedom Freaks 1
7	36	Elliot Eu	42:24	Mens Open	
8	144	Ngo Chun Yong Andrew	43:00	Mens Open	MR25 Team
9	60	Richard Thevenon	43:16	Mens Open	
10	71	Andreas Mindt	43:29	Mens Open	
11	146	Steven Lim	43:47	Mens Open	MR25 Team
12	51	Meisei Takemoto	43:50	Mens Open	
13	67	Tan Tze Chien	44:19	Mens Open	
14	66	Stuart McIntosh	46:01	Mens Open	
15	141	Donald Ng Kok Ann	46:05	Mens Open	MR25 Team
16	64	Shamshul Bin Eman	46:12	Mens Open	
17	50	Low Han Keat	46:19	Mens Open	
18	63	Seow Zhi Ming	46:28	Mens Open	
19	62	Seow Nianjia	47:07	Mens Open	

20	26	Chen Way Cherng	47:12	Mens Open	
21	33	David Poirier	47:32	Mens Open	
22	132	Peter Low	47:55	Mens Open	Team NUS Staff Runners
23	65	Sim Wenyuan	47:56	Mens Open	
24	43	Herald Rygh Hjorthen	48:03	Mens Open	
25	45	Jurgen Doerr	48:07	Mens Open	
26	58	Patrick Donaldson	48:10	Mens Open	
27	131	Daniel Lee	48:46	Mens Open	Team NUS Staff Runners
28	143	Ling Jiehan Kelvin	48:52	Mens Open	MR25 Team
29	61	Rouel Bert Dionson	49:06	Mens Open	
30	113	Izhar bin Mohamed	49:11	Mens Open	Freedom Freaks 1
31	32	David Abernethy	49:29	Mens Open	
32	136	Yann Bousemel	50:01	Mens Open	Team NUS Staff Runners
33	29	Christopher Darby	50:02	Mens Open	
34	48	Lau Chun Ning Charles	50:16	Mens Open	
35	27	Chor Wei Ping Daniel	50::17	Mens Open	
36	40	Gideon Ren	50:36	Mens Open	
37	115	Heng Guan Heng	50:44	Mens Open	Freedom Freaks 1
38	38	Foo Fang Jie	51:09	Mens Open	
39	42	Haydn Flanagan	51:10	Mens Open	
40	59	Paul Daniels	51:21	Mens Open	
41	21	Ang Peng Thong	51:23	Mens Open	
42	112	Mohd Asry Bin Kasim	51:48	Mens Open	Freedom Freaks 1
43	47	Lance Sum Kok Fai	53:13	Mens Open	
44	56	Ong Chung Hiung	53:26	Mens Open	
45	22	Ariffin Iskandar Sha B Ali A	53:50	Mens Open	
46	20	Andrew Parker	54:23	Mens Open	
47	116	Norhalim Bin Nordin	55:09	Mens Open	Freedom Freaks 1
48	126	Muhd Jumadi B Aman	55:45	Mens Open	Freedom Freaks 2
49	23	Brandy Llenos	56:19	Mens Open	
50	133	Jude Aus	58:29	Mens Open	Team NUS Staff Runners
51	41	Greg Town	59:14	Mens Open	
52	34	Deneish Nallainathan	1:01:00	Mens Open	
53	123	Johan Aidil B Yusop	1:01:41	Mens Open	Freedom Freaks 2
54	25	Chen Phan Yeeh	1:01:44	Mens Open	
55	69	Vinson Han	1:02:54	Mens Open	
56	28	Chris Soper	1:03:03	Mens Open	
57	121	Abdul Halim B Jamail	1:04:26	Mens Open	Freedom Freaks 2
58	122	Ridzwan B Idris	1:07:28	Mens Open	Freedom Freaks 2
59	49	Lewis Tan	1:07:53	Mens Open	
60	24	Chang Kok Wai	1:09:07	Mens Open	
61	124	Kurniawan Raymon Massie	1:09:24	Mens Open	Freedom Freaks 2
62	103	Lee Miin How	1:09:52	Mens Open	Nuahz
63	102	Ong Kian Tiong	1:09:53	Mens Open	Nuahz
64	57	Owen Powell	1:11:58	Mens Open	
65	70	Vishnuprasad Venugopal	1:12:22	Mens Open	
66	101	Steven Tan	1:14:33	Mens Open	Nuahz
67	106	Liew Woon Hui Sharon	1:19:12	Mens Open	Nuahz
68	52	Milan Kirk Revour Balogo	1:36:01	Mens Open	

Progressive Run Series Race #1 10km Result
Mens Vet (≥45yrs) (Only prog series participants)

Position	#	Name	Time	Cat
1	92	Tony Seakins	40:47	Men Vet
2	84	Neil G Anderson	42:36	Men Vet
3	80	Gil Madrid	45:58	Men Vet
4	86	Ralph Gomarsall	45:59	Men Vet
5	97	Yuji Mihori	46:14	Men Vet
6	88	Siegfried Stettmayer	46:23	Men Vet
7	87	Robert Meek	46:54	Men Vet
8	90	Tan Ah Too	47:47	Men Vet
9	93	Toru Shinoda	47:54	Men Vet
10	75	Chng Beng Lai	51:04	Men Vet
11	77	Craig McTurk	53:33	Men Vet
12	78	David Ong Cheng Soon	53:46	Men Vet
13	95	Wee Hui Kan	55:57	Men Vet
14	96	Wee Liang Boon	57:43	Men Vet
15	91	Tan Tick Hock	1:18:59	Men Vet

Progressive Run Series Race #1 10km Result
Ladies Open (Only prog series participants)

Position	#	Name	Time	Cat
1	10	Renuka Satianathan	43:19	Ladies Open
2	11	Sumiko Tan	46:57	Ladies Open
3	8	Melissa Keong	49:00	Ladies Open
4	7	Lily McMyn	53:59	Ladies Open
5	2	Caroline Meek	55:04	Ladies Open
6	3	Claire House	55:49	Ladies Open
7	6	Fortuno, Hester Jean Sabang	1:33:45	Ladies Open
8	1	Archana Balakrishnan	1:37:55	Ladies Open
9	5	Divya Venkatraman	1:43:01	Ladies Open

Progressive Run Series Race #1 10km Result
Ladies Vet (≥40yrs) (Only prog series participants)

Position	#	Name	Time	Cat
57	16	Pauline Mulroy	49:40	Ladies Vet
58	15	Jet Jon Shepherd	49:42	Ladies Vet
59	17	Roda Ramos	49:53	Ladies Vet
72	9	Paula Abernethy	52:13	Ladies Vet

Progressive Run Series Race #1 10km Result
Mens Open Team Result (4 to score in team)

Position	Team	Points
1	MR25 Team	62
2	Freedom Freaks 1	77
3	Team NUS Staff Runners	131
4	Freedom Freaks 2	216
5	Nuahz	258